

# Hamburger Trivia

May is **Beef Month** and also **Hamburger Month**. Here are some "Hamburger Trivia Questions" collected from various sources:

**1. How did the Hamburger get its name?**

- a) From the Baltic provinces of Russia in the Middle Ages where rowdy, nomadic tribes of Tartary developed a fondness for raw beef, known today as steak Tartar.
- b) From the German trading partners of the Tartars who lived in Hamburg; they developed a taste for raw beef fried with onions, called Hamburg Steak
- c) From German immigrants who brought "Hamburg Steak" to the US in the 1700s and 1800s/
- d) All of the above.

**Answer:** all of the above.

**2. Which World's Fair did the "hamburger" create a new sensation?**

**Answer:** Both the hamburger and ice cream cone "debuted" at the 1904 World's Fair in St. Louis. Both are still popular today because they meet consumer's need for tasty, portable food.

**3. What was the world's first hamburger chain founded in 1921, in Wichita, Kansas?**

**Answer:** The first hamburger "chain" was White Castle.

**4. What is the nickname for the square, baby burgers sold at White Castle?**

**Answer:** sliders

**5. By the 1930's hamburgers had another nickname, coming from an insatiable hamburger addict from the Popeye comic strip. What were they called?**

**Answer:** Wimpy burgers

**6. What sandwich is America's favorite, with 86% of the population ordering them in the last year?**

**Answer:** Hamburger or cheeseburger.

7. In 1888, An English doctor prescribed three hamburger meals a day as a cure for various ailments. His name is remembered today as the name of a seasoned ground beef patty served with a gravy. The doctor's name is:

**Answer:** Salisbury (as in Salisbury steak)

8. When and where did the first McDonald's Restaurant open?

**Answer:** The first true McDonalds restaurant opened in 1955 in Des Plaines, Illinois, by founder Ray Kroc who had discovered a small quick-serve hamburger restaurant in California owned by Dick and Mac McDonald. The Des Plaines McDonalds is now a museum.

9. What lady made the phrase "Where's the Beef?" popular and for what restaurant chain?

**Answer:** Clara Peller for Wendy's

10. How many quarter-pound hamburgers come from the ground beef in one 1,000 pound steer (from just the normal beef ground into ground beef)?

**Answer:** almost 1,000 quarter-pound burgers

11. Which has less fat and more nutrients? 90% or 95% lean ground beef or ground turkey?

**Answer:** The ground beef!

- 3 ounces of cooked 95% lean ground beef has 5 grams of fat.
- 3 ounces of 90% lean ground beef has 9 grams
- 3 ounces of ground turkey has 11 grams of fat. (Ground turkey includes the fat and skin.)